# THE REMEMBRANCE OF THE PROPHET IN SUHRAWARDI'S 'AWĀRIF AL-MA'ĀRIF

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It is said that taṣawwuf is about  $\bar{a}d\bar{a}b$ , therefore, for every level of taṣawwuf there is a particular form of  $\bar{a}d\bar{a}b$  for it. For the person who adheres to  $\bar{a}d\bar{a}b$ , [he] will learn the path of excellence. For those who do not practice  $\bar{a}d\bar{a}b$ , [they] are far away from achieving a high level of taṣawwuf.<sup>1</sup>

#### INTRODUCTION

Karl Mannheim has argued that presenting one's ideas is a way of connecting to past thinkers, of seeking (what he refers to as) a common location in the social and historical process of creating a particular world-view or mentality.<sup>2</sup> For Sufi shaykhs, like Shaykh Abū Ḥafṣ 'Umar al-Suhrawardī (d. 1234), testing his ideas against past figures was a process of locating himself within the Islamic tradition and with what was known or understood at that time. This paper examines his Sufi beliefs and how they were associated with a specific social group, in this case the Suhrawardiyya Sufi order, and with the Prophet.

Shaykh 'Umar al-Suhrawardī, like many other distinguished Sufi thinkers, tried to bring about a deeper theological understanding in the *taṣawwuf* tradition by analyzing the Qur'ān, the *ḥadīths* of the Prophetic tradition, and the texts of past Sufi shaykhs. This paper studies the intellectual aspects of the Suhrawardiyya *ṭarīqa*, focusing on how al-Suhrawardī's ideas enable us to understand the attitudes, hierarchies, psychology, culture, and religious values of the members, and in particular how his understanding of the Prophet defined the *ṭarīqa*. His Sufi manual was a major source of spiritual discipline for successive disciples who moved eastward from Iraq, such as Bahā al-Dīn Zakariyya, Jalāl al-Dīn Tabrīzī, and

<sup>&</sup>lt;sup>1</sup> 'Awārif al-Ma'ārif, 254.

<sup>&</sup>lt;sup>2</sup> Karl Mannheim, 'The Problem of Generation' in *Essays on the Sociology of Knowledge* (London, 1952), 276–85.

Qāḍī Ḥamīd al-Dīn Nagawrī. The text is not a static theological cement that holds the *ṭarīqa* together at a certain place and time; it is, rather, a mix of what Mannheim referred to as 'total' and 'particular' concepts which serve to support and sustain a social order and its institutions.<sup>3</sup>

Shaykh al-Suhrawardī's 'Awārif al-Ma'ārif (The Benefits of the Spiritually Learned)<sup>4</sup> is a thirteenth-century Sufi treatise for adherents to read, memorize, study, and practise tasawwuf on a regular daily basis.<sup>5</sup> It does not displace the primacy of the Our'an and the literature surrounding the Prophet, but acts as spiritual interpreter of the primary texts. Its function is to aid in the daily spiritual exercises of tasawwuf and in the intellectual growth of the Suhrawardivya members. The subject-matter ranges from Our anic hermeneutics, hadīth tafsīr, rational arguments on epistemology, understanding the different levels of spirituality, proper manners, and negative criticism of Sufi orders and their various interpretations of tasawwuf. In many of these areas, al-Suhrawardi's authority to write such a work rests upon his knowledge of the Prophet and Prophetic hadīths. His intensive use of the *hadīths* is a significant device to enable remembrance and re-enactment so that members of the tariaa could move from mere imagining to embodying the Prophet's spirituality.8 While the Qur'an is repeated and properly memorized for

<sup>3</sup> Karl Mannheim, *Ideology and Utopia* (London, 1936), 25-30.

<sup>4</sup> The title has been variously rendered as 'Knowledge of the Gnostics' or 'Manual of the Dervishes' or 'The Gifts of the Spiritual Perceptions', but I consider these translations to be confusing and unhelpful in appreciating the intellectual dimensions of Shaykh al-Suhrawardi's *taṣawwuf*.

<sup>5</sup> The 'Awārif al-Ma'ārif remains a popular manual found in many Sufi bookstores in the Middle East and in South Asia.

<sup>6</sup> On texts, see Wilfred Cantwell Smith, *The Meaning and End of Religion: A New Approach to the Religious Traditions of Mankind* (New York: Macmillan, 1962); Wendy Doniger O'Flaherty (ed.) *The Critical Study of Sacred Texts* (Berkeley: Graduate Theological Union, Berkeley Religious Studies Series, 1979); and Harry Buck, 'Saving Story and Sacred Book: Some Aspects of the Phenomenon of Religious Literature' in *Search the Scriptures: New Testament Studies in Honor of Raymond T. Stamm*, ed. J. M. Myers, O. Reimherr, and H. N. Bream (Gettysburg Theological Studies, no. 3; Leiden: E.J. Brill, 1969), 79–94.

<sup>7</sup> Seyyid Mahjub Hasan Wasti, 'Hazrat Shaykh-ul Shayūkh wa '*Awārif al-Ma'ārif*', in *Suhrawardī Silsila Risāla* 3 (1989), 5–22, (ed. Shah Owais Sohrawardī; Lahore: Sohrawardī Foundation).

<sup>8</sup> For further studies see Annemarie Schimmel, And Muhammad is his Messenger (Columbia: University of South Carolina University Press, 1985); Jeffrey Arthur, 'The Quest for the Historical Mohammed' Muslim World 16 (1926), 327–48; Muhammad Hamidullah, Le Prophète de l'Islām, 2 vols (Paris: Vrin Press, 1959); Martin Lings, Muhammad (London: Islamic Texts Society, 1983); Ghulam Dastgir Rasheed, 'The Development of na'tia Poetry in Persian Literature' Islamic Culture

the ritual prayers, *ḥadīth*s are committed to memory in order to cultivate closer kinship to the Prophet and maintain his sacred presence at every moment.<sup>9</sup>

# SHAYKH ABŪ ḤAFS 'UMAR AL-SUHRAWARDĪ

Shaykh Abū Hafs 'Umar al-Suhrawardī was born in Rajab, 523 AH, or January 1145. He studied theology with Shaykh 'Abd al-Qādir Iīlānī and was initiated into the tasawwuf tradition by his uncle, Shaykh Abū l-Najīb al-Suhrawardī. Shaykh Abū l-Najīb, born in 1097 in the town of Suhraward (located west of Sultanivya in the province of al-Jibāl), was the original thinker and founder of the Suhrawardī tarīga. On the banks of the Tigris river Abū l-Najīb, a disciple of Shaykh Ahmad al-Ghazālī, built a *khānagāh* and wrote the popular Ādāb al-Murīdīn, a Sufi manual that described the importance of disciplined behaviour. 10 Ahmad al-Ghazālī Abū l-Najīb and their contemporary 'Ayn al-Qudāt, all belonged to the Junaydī school of tasawwuf. But contrary to Junayd's tasawwuf tradition of sobriety, sahw, they were all more inclined toward mystical intoxication or sukr. 11 The preaching and writings by 'Ayn al-Qudāt alarmed the sharī'a-minded and he was imprisoned in Baghdad. His short treatise argued that his doctrine of fanā' was neither pantheistic nor introduced contingent being into God's Being. 12 He was

39 (1965), 53–69; 'Abd al-Rahmān al-Sharqāwī, Muḥammad rasūl al-ḥurriya (Cairo: 'Ālam al-Kutub, 1962), and Ali Asani and Kamal Abdel Malek, Celebrating Muhammad: Images of the Prophet in Popular Muslim Poetry (Columbia: University of South Carolina Press, 1995).

<sup>9</sup> See William Greene, 'The Spoken and the Written Word', Harvard Studies in Classical Philology 60 (1951), 23–59; William Graham, Beyond the Written Word: Oral Aspects of Scripture in the History of Religion (Cambridge: Cambridge University Press, 1987); especially Graham's 'Qur'ān as Spoken Word: An Islamic Contribution to the Understanding of Scripture' in Approaches to Islam in Religious Studies, ed. Richard C. Martin (Tucson: University of Arizona Press, 1985), 23–40; André Louf, 'The Word Beyond Liturgy', Cistercian Studies 6 (1971), 353–68; and Frederick Denny, 'The Ādāb of Qur'ān Recitation: Text and Context' in International Congress for the Study of the Qur'ān, ed. Anthony Johns (Canberra: Australian National University, 1981), 143–60.

M. Milson, A Sūfī Rule for Novices: Kitāb Ādāb al-Murīdīn of Abū-Najīb al-Subrawardī (Cambridge, MA: Harvard University Press, 1973).

<sup>11</sup> For further information on the Junaydī school of 'sobriety', see Ali Hassan Abdel-Kader, *The Life, Personality and Writings of al-Junayd* (London, 1962), and David Martin, 'al-Fanā' and al-Baqā' of Abū al-Qāsim al-Junayd al-Baghdādī' (Ph.D. dissertation, UCLA, 1984).

<sup>12</sup> For a translation of 'Ayn al-Qudāt's work, see 'Apologia' in A. J. Arberry's *A Ṣūfī Martyr* (London, 1969).

murdered at the age of thirty-three, an event bound to influence Abū Ḥafṣ al-Suhrawardī's interpretation and practice of a more pragmatic and rational *tasawwuf*.

In his adolescent years, Shaykh al-Suhrawardī encountered vigorous opposition from the greatest Hanbalī theologian in Baghdad, 'Abd al-Raḥmān ibn al-Jawzī (1126-1200), a renowned muhaddith and interpreter of figh. 13 As a prolific author, preacher, and the Shaykh al-Islām for the 'Abbasid administration, Ibn al-Jawzī accused al-Suhrawardi of furthering the cause of philosophy and heresy. In his works Nagd al-'Ilm waī-l-'ulamā' and Talbīs Īblīs. Ibn al-Jawzī condemned non-Sunnī sects and even criticized a large number of Sunnī jurisconsults including sharī'a-minded scholars and Sufis like Abū Tālib al-Mālikī Oushayrī and Abū Hāmid al-Ghazālī. 14 After several theological clashes and political battles with Ibn al-Jawzī the caliph al-Nāsir (1179–1225) withdrew unconditional support of him and then instituted a more middle-of-the-road policy outlined by Shavkh 'Umar al-Suhrawardī, Like his predecessor Ibn al-Jawzī, Shaykh al-Suhrawardī served as political-religious adviser in the capacity of Shavkh al-Islām and became one of the most important Sufi figures to play a role in global Islamic politics.

Shaykh al-Suhrawardī's 'Awārif al-Ma'ārif achieved great popularity in his own lifetime and has retained its high reputation ever since. One of the reasons for its success must be its effort to reconcile the practice of taṣawwuf with observances commanded by the sharī'a. For later generations of Sufis and a wide cross-section of Sufi ṭarīqas the book became one of the most closely studied and memorized texts on taṣawwuf. Even a century after the Shaykh's death, an important Persian commentary on 'Awārif al-Ma'ārif, written by 'Izz al-Dīn Muḥammad b. 'Alī of Kashan (d. 1352/53) and entitled Miṣbāḥ al-Hidāya wa-Miftaḥ al-Kifāya, praised the Shaykh's interpretation of taṣawwuf even while offering his own views on tasawwuf.

<sup>14</sup> For translations of Ibn al-Jawzī *Naqd al-'Ilm wa l-'ulamā'* and *Talbīs Iblīs*, see D. S. Margoliouth 'The Devil's Delusion by Ibn al-Jauzi', *Islamic Culture*, vols 9–12, 19–22, Hyderabad, 1935–48.

<sup>&</sup>lt;sup>13</sup> For information on Ibn al-Jawzī's works see 'Abd al-Ḥamīd al-'Alūjī's *Mu'allafāt ibn al-Jawzī* (Baghdad, 1965), and Carl Brockelmann's *Geschichte der Arabischen Literatur* (Leiden, 1943).

<sup>&</sup>lt;sup>15</sup> For some discussion on Shaykh al-Suhrawardi's contribution see Abū Bakr Muhammad al-Kalābādhī *Kitāb al-Ta'arruf li-Madhhab Ahl al-Taṣawwuf* (Cairo: Maktabat al-Khanjī 1934); Muhammad Māndawī Ghawth,, *Gulzār-i Abrār*. Urdu translation by Faḍl Aḥmad Jaywarī *Adhkār-i Abrār*, *Urdū tarjuma-yi Gulzār-i Abrār* [1808], reprinted (Lahore: Islamic Book Foundation, 1975); Abū Naṣr Tāhir Khānagāhi, *Guzida dār taṣawwuf wa akhlāq*, ed. Iraj Afsar (Tehran, 1968).

## SPIRITUALITY AND SHAYKH AL-SUHRAWARDĪ'S TAṢAWWUF

One of many areas of concern for al-Suhrawardī was the concept and origin of the word sūfī. In 'Awārif al-Ma'ārif he comments on how an early and influential Sufi thinker, Abū Nasr al-Sarrāj, understood the usage of sūfī in pre-Islamic Arabic. 16 According to al-Suhrawardī the word Sūfī was the product of a period of political change and unrest. For scholars like al-Sarrāj, saffā (pure) was the root of sūfī and they traced saffā to many incidents of the Sunna which, to them at least, made tasawwuf an integral part of the Prophet's tradition. For al-Suhrawardī there were many aspects of tasawwuf in the Prophet's message and he accepted the fact that the life of the Prophet's Companions at the Madina mosque, 'the People of the Verandah' (ahl al-saffa), resembled those of later Sufi Shaykhs, but this did not explain the original meaning of Sufi. He rejected the derivation from saffa and argued that the word  $s\bar{u}f\bar{\iota}$ came from sūf (wool), meaning those who wore woollen garments to imitate the clothing of the Prophet. Using Our'anic verses to support this theory, al-Suhrawardī argued that knowledge, particularly spiritual esoteric knowledge, was the main basis for tasawwuf. He quoted the Qur'anic phrase of al-rasikhūn fī l-'ilm ('Those firmly rooted in knowledge' Qur'an, 3.7, 4.162) as describing those people who tell the truth and are insightful Sufis.<sup>17</sup>

Al-Suhrawardī believed that complete knowledge could be obtained if a formal *madrasa* education were combined with *taṣawwuf* training from Sufi shaykhs. He stated that certain knowledge could not be learned in school because the Prophets left a legacy and one needed to acquire this legacy through the Sufi shaykhs. He did not criticize the value of a *madrasa* education but was more interested in balancing its institutional training with the alternative shaykh-*murīd* Sufi discipline. According to al-Suhrawardī the understanding of true knowledge separated Sufis into two

<sup>&</sup>lt;sup>16</sup> For more on al-Sarrāj's use of ṣūfī see The Kitāb al-Luma' fī l-Taṣawwuf, ed. Reynold Nicholson (London: Luzac and Company, 1914), 21–22.

<sup>&</sup>lt;sup>17</sup> In 'Awārif al-Ma'ārif (77–82), Shaykh al-Suhrawardī refers to a group of Khurasani Sufis who lived in caves and were called *shikaftiyyah* (from the word *shikaft*, cave) who possibly contributed to the development of the word *ṣūfī*. His description implies that there was already a particular mode of life which Sufis then adopted and was close to the lives of Buddhist monks. He did not explicitly state that the Sufi tradition derived from Buddhists, but his acknowledgement of other groups in the region who lived according to esoteric principles is indicative that the Sufis may have learned from them.

<sup>&</sup>lt;sup>18</sup> Ibid. 89.

categories: the first were those whose mystical insight was framed around their spiritual perception; the second were those whose supernatural enlightenment was the result of their own self-mortification. He quoted Shaykh al-Junayd al-Baghdādī as saying that what leads to *taṣawwuf* is not reason and intellectual debates, but putting the body through hunger, renouncing the world, and abstention from even that which is lawful (AM, 69). 20

al-Ma'ārif is filled with numerous al-Suhrawardī's understanding of the material and spiritual worldview. The text is organized thematically with separate subheadings; in each section the Shavkh gives both relevant detailed information and connecting ideas to larger pertinent issues. According to al-Suhrawardī one needs to be prepared at all times for the moment of divine union,<sup>21</sup> and this means that one must adhere to strict internal and external discipline. The application of reason ('aql) to tasawwuf is as important as obeying the Sharī'a because al-Suhrawardī believed that one needs to structure one's life with the entirety of the whole system. Whether it be al-Suhrawardi's opinions on prayers, or on the understanding of the soul, or his ideas on patience and poverty, each area is an element of tasawwuf that manifests the truth by its connection with maintaining the Sunna of the Prophet and preserving his example.

In understanding al-Suhrawardī's ideas in 'Awārif al-Ma'ārif it is important to recall that he was part of a Baghdādī Ḥanbalī tradition, trained in fiqh, sharī'a, and falsafa, and a prominent member of muḥaddithūn circles. His background in the Islamic sciences situated him within the intellectual elite of the 'ulamā' group, and his family heritage as a Suhrawardī qualified him as a spiritual leader within Sufi circles. As a Ḥanbalī jurist, al-Suhrawardī followed the tradition of incorporating passages of the Qur'ān, and ḥadīths from the six major Sunni sources namely al-Bukhārī (d. 870), Muslim (d. 875), Abū Dāwūd (d. 889), al-Tirmidhī (d. 892), al-Nasa'ī (d. 915), and Ibn Māja (d. 887), and sayings from past eminent Sufi shaykhs.<sup>22</sup> Every

<sup>20</sup> And Syed Athar Abbas Rizvi, *A History of Sufism in India* (Delhi: Manoharlal Publishers, 1978), 89.

<sup>&</sup>lt;sup>19</sup> 'Abū Ḥafṣ 'Umar al-Suhrawardī 'Awārif al-Ma'ārif (Cairo: Maktabat al-Qāhira, 1973), 202–68, hereafter cited as AM.

<sup>&</sup>lt;sup>21</sup> In most cases al-Suhrawardī refers to divine union in the spiritual sense of reuniting with God's presence; however, in numerous places he means by it physical death.

<sup>&</sup>lt;sup>22</sup> When al-Suhrawardī quotes from the Qur'ān he usually takes sections of a verse to support his point and provides the reference. At every reference to the Prophet he follows the Sunna by offering the proper benediction of *ṣalla l-lābu 'alayhi wa sallam*, and with Companions of the Prophet, members of the Prophet's family, Shī'ī Imāms,

hadīth given in the text has a chain of transmission or isnād, but al-Suhrawardī does not expressly state whether it came from the main hadīth collections of al-Bukhārī, Muslim, Abū Dāwūd, al-Tirmidhī, al-Nasā'ī or Ibn Māja unless he referred to one of these individuals in the discussion. His training as a muḥaddith is indicated by his heavy reliance on hadīths as the main form of legitimacy. His three sources, the Qur'ān, hadīth, and the sayings of earlier Sufi shaykhs, are used in connection with almost every topic discussed but obviously not always in that order. There are few areas in which only one source is used and the two others neglected.

Shaykh al-Suhrawardī's text was primarily written for a diverse audience of educated Sufis and religious scholars who would understand the contemporary and historical theological problems of taṣawwuf.<sup>23</sup> He generally starts a topic by quoting a hadīth from the Prophet or another significant figure, and reserves quoting from the Qur'ān for the heart of his argument. The most important aspect of the organization of the text is not its external arrangement, but the unifying mental structure which provides inter-connecting themes so that the reader feels that each topic is related to the larger whole. The treatise consists of more than al-Suhrawardī's own personal legal opinions and taṣawwuf principles; for his disciples it was a source for them to interpret taṣawwuf in a way that would structure their lives and ultimately bring them closer to divine union.

Under the heading 'The Real Truth of *Taṣawwuf*' al-Suhrawardī begins with a relevant *ḥadīth* that provides important authority for his point that past Sufi shaykhs had already established that *taṣawwuf* is connected to taking care of the underprivileged and this is a way to God. There are two elements: one of social responsibility and another of finding one's place with God. In the end both elements are intertwined, and by using the authority of the Prophet the *ḥadīth* functions as the supreme model. For example: 'Shaykh Abū Zuhr 'Aṭṭār ibn Abī Faḍl (*radī Allāhu 'anhu*) told Shaykh al-Suhrawardī a *ḥadīth* from 'Abdullāh ibn 'Umar (r) that the Prophet Muhammad (s) said that everything has a key to it, and in this respect the key to heaven is having love and patience toward

and eminent Sufi shaykhs, 'raḥmat Allāh 'alayhi'. Hereafter I have used the letters 'ṣ' and 'r' respectively, in parentheses to indicate al-Suhrawardī's benedictions.

<sup>&</sup>lt;sup>23</sup> This issue as to which audience al-Suhrawardī intended his treatise for is not discussed in any primary or secondary source. Shaykh al-Suhrawardī does not identify by name any one group or organization, but in 'Awarif al-Ma'ārif it is clear from his social, religious, and political commentaries that it was meant for anyone interested in his ideas on *tasawwuf* and other subjects.

your loved ones and the Sufis (*faqīrs*), [then] on the day of judgement Allāh will have mercy on us' (AM, 54).

The Shaykh continues his explanation: 'In this way, *faqīrs* are the real truth of *taṣawwuf*, and the basic necessity is assisting them, as Rūmī (r) said that "*taṣawwuf* had three exclusive foundations: (1) to adopt the poor, (2) to be generous, and (3) to adopt the abandoned". When al-Junayd al-Baghdādī (r) was asked about *taṣawwuf*, he stated that "*taṣawwuf* is when you are with Allāh and you can not live otherwise". Also, Ma'rūf al-Karkhī (r) stated that "truths of *taṣawwuf* are to adopt the poor and making the unfortunate feel fortunate" (AM, 54–5).

After establishing the truth of *taṣawwuf*, al-Suhrawardī continues to build his case further by using other *ḥadīth*s of the Prophet, sayings of the Companions and past Sufi Shaykhs to authenticate their *taṣawwuf* characteristics. His ability to associate himself with these figures, and the way he affirms his authority by knowing intricate details about these influential persons, is another device for strengthening the bonds of the *ṭarīqa* with the spiritual heritage of these figures. For instance, on the theme of 'praising Sufis', he mentions renowned figures whose very names command great respect:

Shaykh Shiblī (r) stated that the real truth regarding the  $faq\bar{r}r$  is that  $faq\bar{r}rs$  are concerned with truth and nothing else matters. Also, Shaykh Abū Ḥasan Nūrī (r) stated in praise of the Sufi that a  $faq\bar{r}r$  is comfortable when he is penniless and in time of having money he is generous with it. Another Sufi elder stated that a good mystic is one that is not attached to the world. And if worldly things would come to a  $faq\bar{r}r$ , he would not be spoiled by it, and this is why worldly persons are drawn near to Sufis because they ask that [their] riches not spoil them. (AM, 55)

Here, Sufis embody a spiritual quality superior to others because they do not have worldly objectives, and are solely interested in advancing themselves in spiritual purity. This is not true absolutely of al-Suhrawardī's taṣawwuf since he favoured greater involvement in public service, even government. Since his ṭarīqa was supported by the caliph al-Nāṣir, Shaykh al-Suhrawardī's deepest fear was that Suhrawardiyya Sufis might be drawn to abuse the patronage of the state or, worse, such patronage might corrupt the discipline of their taṣawwuf. While he advocated a balanced approach between taṣawwuf and obeying the Sharī'a, everyone was individually responsible for developing their own spiritual ecstasy for reunion.

From the treatise it is obvious that al-Suhrawardī was conscious of *taṣawwuf*'s precarious ancestry in Sufi shaykhs' claims of being divine manifestations. He also took exception to contemporary

trends in *taṣawwuf* which were clear violations of the *Sharīʿa* and the example of the Prophet. In al-Suhrawardīʾs writing there is a pattern of addressing issues by identifying the obviously correct way that is based on Prophetic tradition and sanctioned by God. While these matters were probably controversial, even confrontational, during his period, he constantly applies the 'unquestionable truths' to his main argument. For instance, under that heading, al-Suhrawardī again illustrates *taṣawwuf*'s basic element of assisting the poor, and he argues that those Sufis who do not express this in their religious teaching or works are not really practising the authentic Prophetic tradition. He writes:

Basically the issue is that the Sufi needs to take care of the poor and there is much wisdom in it. And this is why being in the world is preferred, because they ask for mercy from God. Just like the Prophet (s) stated: 'Amongst my followers, the poor will enter heaven a half day before the worldly-minded followers. And there, for those present during the half day it will seem like five hundred years.' (AM, 56)

In using this *hadīth* al-Suhrawardī is showing that his *tasawwuf* is fulfilling a covenant with the Prophet of being caretakers of the poor. It centres the Prophet in al-Suhrawardi's practice of tasawwuf and reminds his disciples that the Prophet is present in their social work. While he does not explicitly state that those Sufis who do not concentrate on social welfare as a high priority in their tasawwuf will encounter problems in the hereafter, he is implicitly stating that his practice of tasawwuf keeps this hadīth to the fore. The Prophet's hadīth on social justice is emphasized in al-Suhrawardī's tasawwuf in order to demonstrate that the Suhrawardiyya Sufis are both heirs and custodians to the poor. The Prophet's words give life and meaning to the teaching: the Shavkh wishes his disciples to remember and live out the Prophet's words in each action and in each thought. In general, al-Suhrawardi's use of socially responsible *hadīth*s projects and reinforces the Suhrawardiyya Sufi tarīga as mirroring and re-enacting the Prophet's tradition in caring for the poor and underprivileged.

#### ON SPIRITUALITY AND LOVE

Shaykh al-Suhrawardī discussed the different types of love that Sufis can develop from their *taṣawwuf*. According to him, love for oneself is self-destructive and leads the Sufi away from proper observance of *taṣawwuf*. The highest type of love is the one that is not for the

individual self, but only for the divine. When a Sufi completely surrenders his love to the divine, then he is able to access all things associated with the divine. He stated that 'The love for oneself is like fire because one's observations become slanted.' In addition to this he stated, 'When people direct their special love in the proper ways, then they become interested in the things that are associated with the divine things. This is because love is charitable and the lover and Beloved become attached to each other' (AM, 455).

In the treatise al-Suhrawardī repeats the need for Sufi disciples of his order to observe and strive toward pure love at all times. For him, the words of the Sufi shaykh were a type of pure love that is practised toward God, and obeying the words of the Sufi shaykh can bring about blessings upon all of humankind.

Pure love is when everything you want is for the purpose of being with God. Every type of human love is included in pure love: spiritual love, love from the heart, love from the soul, and love from reasoning. This is why the Prophet (s) said: 'O Lord, I have more love for You than my life, belongings, family and friends, the power to hear, and cold water. (AM, 454)

Al-Suhrawardī stressed the importance of listening to and obeying the shaykh's wise guidance and training. To him, the words actually spoken had travelled a great distance and deserved to be treated as a sacred vocabulary. He refers to Rūmī: 'Shaykh Rūmī (r) stated that *taṣawwuf* is about having the soul in the hands of almighty God, and having intentions is only a part of it. It is said that *taṣawwuf* is performing *dhikr* with the community of Sufis, and taking part in *samā*' with actions' (AM, 57–8).

There are mixed blessings of faqīrs and taṣawwuf. The blessing of the faqīrs is reflected in the practice of taṣawwuf. In this way, the Sufi has the means of reaching a closer spirituality. The beloved Prophet (s) is reported to have said that 'those people who perform dhikr with intense pleasure are absorbed by it, and with this dhikr they will live easily on the Day of Judgement.' This hadīth tells us the state in which the Sufi can stay, and the shade of taṣawwuf and various degrees that are in it. The Sufi needs to have correct visions and it must be according to God's wishes. If a Sufi reaches a certain spiritual level where he becomes a murshid, and his mystical level touches his heart, then his soul reflects this new level of understanding and he becomes a mujāhid and a muḥāsib. (AM, 62)

The 'Awārif al-Ma'ārif contains an elaboration that all anti-Sharī'a immoral activities emanated from the lower self (nafs) and that only reason and patience controlled its natural impulses such as rage and lust.<sup>24</sup> The desire for evil (ammār), repentance (tawba) and

<sup>&</sup>lt;sup>24</sup> Rizvi, *History*, 92–93.

satisfaction (*mutma'imn*) represented three different stages in the natural development and gradual purification of the *nafs*. To Shaykh al-Suhrawardī the heart (*qalb*), while a part of the body, essentially went beyond basic anatomical functions. For him the heart of a true believer (*mu'min*) was analogous to a pure soul, being illuminated by a shining light; but the heart of the unbeliever was dark and made of a lowly substance. The heart of the hypocrite was shrouded in a veil, and a many-faceted heart was one which was inclined towards both good and evil (AM, 266–9).

Al-Suhrawardī viewed reason as an innate human talent which prompts man to seek different kinds of knowledge. It is supplemented and supported by *Sharī'a*. Spiritual perception helps man to adopt a middle path and obtain knowledge of the heavenly spheres (*malakūt*). Thus one can acquire an understanding of the world of matter and space, as well as of the earthly world and the Unseen. If reason is not supported and supplemented by the light of Islamic *Sharī'a*, human beings may prosper in the world, but not obtain blessings from the spiritual world.

Only true Sufis are able to discriminate between experiences emanating from the lower self, from God, from Satan, and from the angels. One dependent on an impure source for existence is always a victim of evil influences; it is, therefore, a Sufi's duty to foster a balanced detachment from the material world and to adhere constantly to  $\bar{a}d\bar{a}b$  in order to fulfil the requirements of the Suhrawardiyya tasawwuf.

#### SHAYKH AL-SUHRAWARDĪ ON PRAYERS

As a leading *muḥaddith* and Shaykh al-Islām of the 'Abbasid empire, al-Suhrawardī took a firm position on not missing any of the daily ritual prayers. He was adamant about following the Sunna as strictly as possible and not being negligent about prayers like other Sufi orders. He points to a Prophetic *ḥadīth* that refers to God calling prayers the 'pillars of the religion' (AM, 274). He was concerned that the behaviour of Sufis should reflect complete adherence to the example of the Prophet. He writes:

God has prescribed five obligatory prayers and the holy Prophet (s) stated that God claimed that prayers are the pillars of the religion, whoever neglects prayers becomes part of the unbelievers. With prayer, one encounters a binding testimony. One of the parts to prayer is that testimony comes with prayer ... A *hadīth* reports that when a seeker of truth prepares to do

prayers, then almighty God places a hijāb over the seeker, and with personal greetings God places angels on the shoulders who also simultaneously pray with the believer. (AM, 275)

For al-Suhrawardī prayers are an important dimension for a spiritual seeker who wishes to see and experience God's disclosure. The 'Awārif al-Ma'ārif contains commentary under the sub-headings 'The Excellence of Prayers' and 'The Humility of Prayers', which illustrates the Shaykh's interest in ensuring that prayers are not seen as just ritual performances ordered by the Sharī'a but as an integral component of taṣawwuf discipline. Under 'The Excellence of Prayers', the Shaykh uses a ḥadīth of the Prophet that refers to the power of prayer to open the heart to experience a type of humility that is tied to experiences of heaven. In the following, he links spiritual experience and prayer as interdependent entities:

It is the tradition of Shaykh 'Abdullāh ibn 'Abbās (r) that the Prophet (s) reported that almighty God created heaven and there are unique things that exist in it. It is a place where the eyes have not seen things, and the ears have not heard things, and nor has any person's heart ever experienced [them]. And God tells us in the holy Qur'ān 'The believers that will succeed are those who are humble in their prayers'. (AM, 64)

One of the most important virtues of prayer is its enabling the Sufi heart to grow in humility so that the disciple realizes the transformations that are being experienced. Hadīths used in taṣawwuf texts aim to highlight transcendental experience in prayer and to undergo spiritual awakenings similar to the Prophet's spiritual experience. Al-Suhrawardī's use of hadīths connect prayer with the Prophet's spiritual journey and, through remembrance and celebration of relationship with the Prophet, enable the Sufi ultimately to come to the divine. He writes:

Prayers are a means of establishing a relationship between the divine and the believers. Therefore it is necessary for the believer to practice the utmost humility in prayer and whenever God hears you pray, it is the humblest prayers that appeal to Him. Praying with humility will lead to victory. (AM, 273)

# PRAYERS WITH SŪRAT AL-FĀTIHA

Shaykh al-Suhrawardī's discussion of particular *sūras* from the Qur'ān is continuous with traditional Sufi thought that certain chapters and verses of the Qur'ān have more 'spiritual power' than

others.<sup>25</sup> His exegesis begins with *Sūrat al-Fātiḥa*, after he cites the well-known saying of the Prophet that it was his favourite *sūra* in the Qur'ān. Even in this area of Qur'ānic hermeneutics, he draws on the *ḥadīths* of the Prophet to orient and ennoble the teaching. While it reinforces his scholarly authority in the *taṣawwuf* and *'ulamā'* tradition, more importantly, the Shaykh is presenting the Qur'ānic revelation conveyed by the Prophet as a part of the *taṣawwuf* spiritual experience. Shaykh al-Suhrawardī's interpretation of *Sūrat al-Fātiḥa* is the following:

God gave believers a special favour with the revelation of *Sūrat al-Fātiḥa*. With this sūra one's prayers are acted upon by God as quickly as possible and God has taught His believers the way to pray. *Sūrat al-Fātiḥa* is recited from morning to night because it is so important that it was revealed to the holy Prophet (s) on two separate occasions. One time it was revealed in Makka and another time it was revealed in the holy city of Madina. If this sūra is recited at different times, only then can you begin to understand its deeper meanings. If you were to repeatedly recite *Sūrat al-Fātiḥa* a thousand times, still you would learn a new meaning each time. (AM, 272)

Al-Suhrawardī refers to the explanation of Shaykh Abū Hurayra, who believed that *Sūrat al-Fātiḥa* was an example of how God maintains a dialogue with His creation. By Abū Hurayra's account, the relationship between the Creator and the believer reaches a critical moment when the believer praises God and appeals humbly for guidance. Shaykh al-Suhrawardī's decision to cite Abū Hurayra's discussion of the recitation of *Sūrat al-Fātiḥa* again reinforces the rules of Sufi spiritual conduct and the need to follow the rules of the Suhrawardiyya order as closely as possible.

Shaykh Abū Hurayra's tradition [is] that the Prophet (s) reported that prayer divides the believer in between two parts. That is, when the believer recites 'bismi l-lāhi l-raḥmāni l-raḥīm' then God replies 'My servant has called upon Me'. When the believer continues to recite 'al-ḥamdu li-l-lāhi rabbi l-'ālamīn' then God responds by saying 'My believer has praised Me'. When the believer recites 'al-raḥmāni l-raḥīm' then God says 'My believer has commended Me'. As the believer continues to recite 'māliki yawmi l-dīn' then God replies and says 'My believer has placed the responsibilities

<sup>&</sup>lt;sup>25</sup> See A. J. Wensinck, Concordance et indices de la tradition musulmane (8 vols, Leiden: E.J. Brill, 1936–1971); Frederick Denny, 'Exegesis and Recitation: Their Development as Classical Forms of Qur'anic Piety' in Transitions and Transformations in the History of Religions. Essays in Honor of Joseph M. Kitagawa, ed. Frank Reynolds and Theodore M. Ludwig (Leiden: E. J. Brill, 1980), 91–123; and Abū l-Qāsim 'Abd al-Karīm al-Qushayrī, al-Risāla al-Qushayriyyā fī 'ilm al-Taṣawwuf, ed. 'Abd al-Halīm Maḥmūd and Maḥmud b. al-Sharīf (2 vols, Cairo: Matba'at al-Hasan, 1974).

of all work onto Me'. Then the believer recites 'iyyaka na'budu wa iyyaka nasta'īn', then God says 'There is room in the believer for Me'. As the believer says 'ihdina l-sirāṭa l-mustaqīm, sirāṭa l-ladhīna an'amta 'alayhim ghayri l-maghdūbi 'alayhim wa-lā l-ḍālīn', God says 'All of this is for My believer and whatever he desires it will be granted'. (AM, 272–3)

Al-Suhrawardī quotes this <code>hadīth</code> not only to point out to his readers that there is a constant dialogue between the divine and human beings but also that recitation of the Qur'ān brings about a real response from its Author. By using <code>Sūrat al-Fātiḥa</code> as the focus for this dialogue he creates a channel for the believers and links their personal prayers with divine communication. This is another example of al-Suhrawardī serving as an authoritative Sufi master; his method with disciples was guiding them toward God by remembering the Prophet.

#### KNOWLEDGE THROUGH REASONING

An important section in the treatise connected to the Shaykh's agenda of developing an internal and external structure urges his disciples to depend on their own intellectual faculties to comprehend their taṣawwuf. One possible reason for al-Suhrawardī's interest in having his disciples actively practise reasoning ('aql) in their taṣawwuf is that it was equally important to develop the mind alongside striving toward spiritual awareness. Under the heading 'The Excellence of Reasoning', he stresses the benefits of being politically engaged with the state, and it is clear that he desired his disciples to be intellectually competent for the challenges entailed. Another reason for stressing the importance of 'aql in taṣawwuf was to distinguish his order from world-rejecting and antinomian Sufi orders. He writes on the subject of 'aql:

Reasoning ('aql) is the function of language. The power to think is reflected in the following hadīth: First God made the human mind so that His creature could think. The ability to use 'aql is related to worship, for another hadīth reports that 'with 'aql you can know Me and also praise Me'. (AM, 411)

Al-Suhrawardī believed that reasoning was one of the most important elements for progress in *taṣawwuf* spirituality. His treatise contains several *ḥadīth*s on the subject which legitimize his own approach and connect reasoning with the Sunna of the Prophet. For example, he states: 'The holy Prophet (s) once said the truth is that almighty God gave His servants 'aql piece by piece. They [all] learn to increase their knowledge, practise pure prayers and try to do proper fasting,

but there is a great difference in their 'aql' (AM, 412). Another hadīth cited to validate the important place of reasoning in taṣawwuf practice is the following:

'Ā'isha (r) once asked the Prophet (s), What is the best way for people to evaluate themselves? The Prophet (s) replied that 'aql is the best means to evaluate oneself. She pursued further and asked, Are people not in control of their actions? The Prophet (s) responded that obedience to almighty God involves 'aql, and with more 'aql involved, then people will apply more righteous actions. They will benefit as their righteous actions increase. (AM, 412)

Al-Suhrawardī's reference to <code>hadīth</code>s on reasoning is another example of using the highest authority in spirituality, namely the Prophet, and this process of linking Suhrawardiyya <code>taṣawwuf</code> with the Prophet's Sunna was intended to demonstrate the ways his Sufi order mirrored and celebrated the example of the Prophet.

## PROPER MANNERS $(\bar{A}D\bar{A}B)$

Shaykh al-Suhrawardī's overwhelming stress on proper manners  $(\bar{a}d\bar{a}b)$  is mainly connected with his concern that Sufis maintain both an internal spiritual and external worldly discipline. As the two worlds are closely related, it is important for Sufis to perfect their spirituality, and for their physical customs to reflect their internal condition. The Shaykh's ideas on  $\bar{a}d\bar{a}b$  stem from the conviction that it is necessary to submit oneself wholly to the  $Shar\bar{\iota}'a$ , which is the manifestation of divine order. His efforts to create a perfect harmonious society required an intensely structured model. Adāb is a critical element in the treatise because all the minute details of individual behaviour can be improved to reflect the Prophet's Sunna. For al-Suhrawardī Sufis are practising more than spiritual purity; in the larger scheme of taṣawwuf, Suhrawardiyya Sufis are attempting to unite with the divine which requires them to uphold the Sharī 'a. According to al-Suhrawardī, one needs to be prepared to carry out

<sup>26</sup> The word ādāb has a variety of meanings in Arabic, Persian and Urdu. For a good survey see F. Gabrieli, 'Ādāb' in Encyclopaedia of Islām, 1:175–6; William Chittick, The Sūfī Path of Knowledge: Ibn 'Arabi's Metaphysics of Imagination (Albany: SUNY Press, 1989); S. A. Bonebakker, 'Ādāb and the concept of belles-lettres' in Julia Ashtiany et al. (eds), The Cambridge History of Arabic Literature: Abbasid Belles-Lettres (Cambridge: Cambridge University Press, 1990). On specific Sufi rules of ādāb, see Bernd Radtke, Ādāb al-mulūk. Ein Handbuch zur islamichen Mystik aus dem 4./10. Jahrhundert (Stuttgart: Franz Steiner, 1991); and M. Milson, A Sufi Rule for Novices: Kitāb Ādāb al-Murīdīn of Abū Najīb al-Suhrawardī (Cambridge, MA: Harvard University Press, 1973).

this extraordinary responsibility by controlling one's thoughts and actions in every moment, at every place. On this subject, the  $\bar{a}d\bar{a}b$  of tasawwuf, he writes:

The Prophet ( $\hat{s}$ ) stated that God had taught him good manners.  $Z\bar{a}hir$  and  $b\bar{a}tin$  manners are needed for a civilized world. If people embrace the  $z\bar{a}hir$  then they will learn to be a Sufi with manners,  $\bar{a}d\bar{a}b$ . But there are several things that are difficult for a person to completely achieve. Until the ill-mannered persons fully immerse themselves in proper manners and all their manners are good like those of the Prophet ( $\hat{s}$ ), then they will remain ill-mannered. If people's appearances are like that of worldly people then their manners will reflect that. For example, when people do not change their manners, they themselves also do not change and then their manners are copied from elsewhere. [Citing the Qur'ān] 'In God's creation there can be no changes.' (AM, 250)

The Shaykh explains the meaning of this verse by reference to a statement of 'Abbās: 'Shaykh 'Abbās (r) reported that you have been taught your religion and it is  $\bar{a}d\bar{a}b$ . He returns to the authority of the Prophetic sayings and quotes a hadīth: 'the holy Prophet (s) reported that "my Lord taught me good adab. Then He taught me wisdom in morality. And follow in the good virtues and give wise virtuous advice" (AM, 252). For al-Suhrawardī, remembering the Prophet's hadīths on ādāb is a crucial component in strengthening the relationship between the words of the Prophet and the actions of Sufis. Using hadīths on ādāb recreates the very same practices and movements that the Prophet had performed on this earth. He believed that practising the Sunna of the Prophet is not merely duplicating a human model; remembering all of his hadīths on ādāb re-establishes the Sufi, through the same physical movements, in the spiritual dimensions of the Prophet's life on earth. Shaykh al-Suhrawardī succinctly described  $\bar{a}d\bar{a}b$  as like a personal challenge, and quoted the following hadīth: 'And an even better point is that people are against changes to manners and proper etiquette, and this is why the Prophet (s) commended making friends with one's ādāb.' (AM, 251) After this, al-Suhrawardī connects ādāb with knowledge:

It is reported by Shaykh Yūsuf ibn Ḥusayn (r) that  $\bar{a}d\bar{a}b$  come from understanding knowledge. Knowledge is the means of learning proper action ('amal). And 'amal is the means of learning wisdom. Wisdom is the means of learning advanced zuhd where one finds pleasure in making a place on the Day of Judgement and also, in this pleasure, one meets the heart of God. (AM, 251)<sup>27</sup>

<sup>&</sup>lt;sup>27</sup> For similar *ādāb* analysis see Gerhard Böwering's study 'The *ādāb* Literature of Classical Ṣūfism: Anṣārī's Code of Conduct,' in Barbara Metcalf's *Moral Conduct and Authority* (Berkeley: University of California Press, 1984), 62–87.

Shavkh al-Suhrawardī's use of *hadīth*s on *ādāb* is correlated to his belief that the Prophet was trained as the final Messenger by God and this training was handed down through the Our'an and the hadīths. Learning ādāb is mandatory for each person to truly obtain knowledge of God. For example, he writes: 'God had even taught the Companions of the holy Prophet (s) adab and they were told to speak with the tone of the Prophet (s) and not louder than the holy Prophet (s)' (AM, 366). At times in the treatise, al-Suhrawardī uses adab to mean more than the rules of good manners of the Suhrawardiyya order; sometimes he uses the term interchangeably with the word Sunna. 28 He believed that precise  $\bar{a}d\bar{a}b$  had to be followed at all times in order to develop and remodel the spirituality of the Prophet. Thus, through adherence to the Prophet's adab, the Shavkh was attempting to move from remembering the Prophet as a historical figure to embodying his spirituality and his legacy. In the following reference to Abū Nasr al-Sarrāj, al-Suhrawardī demonstrates the comprehensiveness and permanence of commitment to ādāb of the Prophet: 'Shaykh Abū Nasr Sarrāj (r) reported that the qualities of the Prophet's (s)  $\bar{a}d\bar{a}b$  were pure. He was trustworthy and conscious of being on time. He was very thoughtful and concerned about everything. Wherever he was, he was concerned with adab'

At one level, al-Suhrawardī's strong position on affirming the  $\bar{a}d\bar{a}b$  of the Prophet within the Suhrawardiyya  $tar\bar{t}qa$  is concerned with maintaining a disciplined structure in his Sufi organization, but on another level the use of  $\bar{a}d\bar{a}b$   $had\bar{t}ths$  places the Prophet's Sunna and spirituality at the heart of Suhrawardiyya tasawwuf. On the surface, intense concentration on  $\bar{a}d\bar{a}b$  practices in the treatise could indicate control over its Sufi members, but the deeper intention is to remember and relive the Sunna of the Prophet. Remembrance in the discipline of tasawwuf is not a mental exercise to keep the Prophet in mind; rather, it is, according to the treatise of al-Suhrawardī, mainly concerned to access and embrace the sacred spirituality of the Prophet because it is this that leads to the divine reunion (AM, 280–9). Shaykh al-Suhrawardī writes: 'Shaykh 'Abdullāh ibn Mubārak (r) stated that those who are lazy with their  $\bar{a}d\bar{a}b$  are punished by being deprived of following the Sunna of the Prophet (s),

<sup>&</sup>lt;sup>28</sup> For further discussion on a variety of uses of the term  $\bar{a}d\bar{a}b$  see Ian Richard Netton, 'The Breath of Felicity:  $\bar{A}d\bar{a}b$ ,  $Ahm\bar{a}l$ ,  $Maq\bar{a}m\bar{a}t$  and  $Ab\bar{u}$  Najīb al-Suhrawardī' in Leonard Lewisohn (ed.), The Heritage of Sufism (London: Khaniqahi Nimatullahi Publications, 1993); and Javed Nurbakhsh, 'The Rules and Manners of the Khānaqāh' in The Tavern of Ruin (New York: Khaniqahi Nimatullahi Publications, 1975).

and that those who are careless of the Sunna are punished by being deprived of knowledge of God' (AM, 253).

Al-Suhrawardī's interpretation of  $\bar{a}d\bar{a}b$   $had\bar{\imath}ths$  did also serve to maintain a strict, hierarchical, and disciplined Sufi order. The treatise states explicit guidelines for the conduct of Sufi disciples. His commentary on  $\bar{a}d\bar{a}b$  when in majlis with the Shaykh is very clear about when the disciple may speak and what he may say. It compares the  $\bar{a}d\bar{a}b$  before the Shaykh to the blessing from an ocean. If the disciple does not follow the proper  $\bar{a}d\bar{a}b$  required, he could lose the daily allowance of blessings from the Shaykh. Also, al-Suhrawardī discusses the importance of not looking the Shaykh straight in the face, which reinforces the subordinated position of the disciple in the  $tar\bar{\imath}qa$  hierarchy. For example:

In the same manner, during a *majlis*, the disciple should show proper  $\bar{a}d\bar{a}b$ . When sitting before the Shaykh, the disciple should not speak a word even if it is nice greetings, until proper permission is given by the Shaykh. The presence of a Shaykh to his disciple is like someone who is sitting along the shore on a beach waiting for his daily spiritual allowance from God. The Shaykh's wisdom is the path to spiritual allowance. In this way, the level of the disciple's faith and his search for truth is elevated through the Shaykh. If the disciple decides on his own to speak from emotions, he reverses a level of understanding and then the disciple knows that he made a mistake. (AM, 365)

According to the treatise, the  $\bar{a}d\bar{a}b$  required of the Sufi disciples are consistent with the discipline and training of the Prophet and his Companions. It is important for *taṣawwuf* to mirror the conduct, customs, and spirituality of the Prophet because that enables the disciples to enter transcendental time and space beyond an imagined historical Prophet, and to sense that they could embody the very essence of his being.<sup>29</sup> An example of the Prophet's *ḥadīth*s used for strict obedience in  $\bar{a}d\bar{a}b$  is: 'Another enlightening moment is when the Prophet (s) was present in a congregation and someone was asking him a question and also interrupting his answers, the Prophet (s) told him that this behaviour was improper' (AM, 364). Such *hadīths* on

<sup>29</sup> This idea of *fanā' fī-rasūl* is common in many *taṣawwuf* manuals For more see AM, 290–95; also Abū Nuʻaym al-Iṣbahānī, *Dalā'il al-Nubuwwa* (Hyderabad Deccan: Dairatul Maarif, 1950); *al-Ḥallāj, Kitāb al-Ṭawāsīn, texte arabe avec la version persane d'al-Baqli*, ed. and trans. Louis Massignon (Paris: Gauthier, 1913); Sayyid Baqīr ibn 'Uthmān Bukhārī, *Jawāthir al-Awliyā'*, ed. Ghulam Sarwar (Islamabad: Iran-Pakistan Institute of Persian Studies, 1976); Syed Naimuddin, 'Sayyid Bulaqanī's Mirājnāma', *Nagpur University Journal* 9 (1943), 101–5; and Annemarie Schimmel, 'The Veneration of the Prophet Muhammad, as Reflected in Sindhi Poetry' in *The Saviour God: Comparative Studies in the Concept of Salvation*, ed. S. Brandon (Manchester: Manchester University Press, 1963), 129–43.

ādāb were used to give life to an ethical and theological order, reflecting the order of the Prophet and his Companions, and whose words became an integral part of the Suhrawardiyya spiritual training. These hadāths both gave the disciples a place in the tarāqa structure and symbolically represented the voice of the Prophet in their everyday affairs. An example of al-Suhrawardī's statements is in the following:

The way the disciples used to submit to their Shaykhs was with uncompromising faith; all of their personal belongings and personal affairs depended on the wise advice of their Sufi Shaykhs. It is reported by Abū Ladurd (r) that he was walking ahead of Abū Bakr (r) when the Prophet (s) asked him why he was walking ahead of him, 'Are you better than the world and the Day of Judgement?' [Qur'ān, 15.26] (AM, 363)

For Suhrawardiyya Sufis the sayings of the Prophet on  $\bar{a}d\bar{a}b$  are instructions for their *taṣawwuf* development and their journey in becoming closer to him. While Qur'ānic verses and *ḥadīths* in the text prepare Sufis for the moment of divine presence, the *ḥadīths*, in particular, celebrate the Prophet's spiritual legacy which is linked to the disciples' own spiritual maturity. An example of *ḥadīths* touching on Sufi spiritual progress is the following: 'After obtaining the light of knowledge (*nūr-i* '*irfān*) it is one way of defending the soul (*nafs*) and it is well said in this *ḥadīth*: "Those who defend their souls also defend God." This light of knowledge (*nūr-i* '*irfān*) is the light of the soul that had been in ignorance. Knowledge is the means of building a fort of which  $\bar{a}d\bar{a}b$  is a part' (AM, 258–9).

#### PATIENCE AND POVERTY

Shaykh al-Suhrawardī's ideas on patience (*ṣabr*) are directly connected with  $\bar{a}d\bar{a}b$  because he wanted to illustrate how each aspect of *taṣawwuf* is integrally connected to patience. The ability to control one's thoughts and physical actions to meet the challenges of  $\bar{a}d\bar{a}b$  and progress in *taṣawwuf* is an important element in spiritual growth. On this subject, al-Suhrawardī writes:

Shaykh Sāhil (r) stated that patience is a vast part of the waiting. Giving to others is the best aspect of *ṣabr*. *Sūrat al-Baqara* verse 3 states that 'Those who are patient during times of fear, pain and fighting are virtuous and balanced'. (AM, 441)

It is said that everything has one distinct character. For human beings it is their 'aql. And for reasoning it is sabr. From sabr there is the chastisement of the soul (nafs) and that is possible through becoming weak [in the body].

Sabr is able to penetrate like breathing, because to practice proper restrictions of zāhir and bātin, sabr is necessary. Moreover, knowledge works on words and sabr brings them together. (AM, 442–3)

The 'Importance of Ṣabr' engaged the Shaykh's attention because it is so closely related to the proper practice of taṣawwuf of his Sufi order. For example, he writes: 'Shaykh Imām Ja'far al-Ṣādiq (r) reported that God gave His Prophet (ṣ) the wisdom of ṣabr and the form of ṣabr was given to the holy Prophet (ṣ). This is due to the fact that ṣabr is not a personal possession, but it is related with God and godliness. One's ṣabr is with the divine' (AM, 444–5). He reinforces the idea that one's knowledge of ṣabr is not a personal preference or a willed option; rather, it is a divine lesson given to the Prophet and to his community:

For those persons who protect their *zāhirī* and *bāṭinī* knowledge learn that it is necessary to have *ṣabr*. *Bāṭinī* knowledge and *ṣabr* are complementary, like a body and its spirit, and each cannot live without the other. They both have light of reasoning and this is why they were created as one to be united. (AM, 443)

The type of patience al-Suhrawardī emphasizes includes an esoteric dimension where the Sufi disciple would be able to connect to God. Under the heading 'Patience from Allah' he discusses the moment when the Sufi seeker reaches a level with God and is permanently humbled by the experience of grace:

It is my understanding that <u>ṣabr 'an Allāh</u> (patience from Allāh) is the most difficult to reach. <u>Ṣabr 'an Allāh</u> requires reaching the level (<u>maqām</u>) with the Prophet (<u>ṣ</u>) and it is an extremely special level. At this level, the seeker for truth is inclined toward the majesty of God. The power of words by God humbles the seeker as he is lost in them. This is the most intense stage of <u>ṣabr</u> because it is for the sake of God, his spirituality is forever affected by this experience. (AM, 445)

'Awārif al-Ma'ārif argues that Sufis need to be reminded that the Sufi ṭarīqa is not identical to either faqr (poverty) or zuhd (asceticism), although both of these practices could lead to fanā'. Al-Suhrawardī's own engagement with the 'Abbasid government was a clear example of being a public statesman at the same time as being a Sufi shaykh. Ascetic arguments for withdrawal from society and rejection of the world because of its corrupting nature were considered extreme and irrational by al-Suhrawardī. To him, such withdrawal was a sort of anti-social behaviour and against the Sunna of the Prophet. According to the Shaykh, this attitude is derived from an obsessive opposition to wealth, and in reality betrays a certain weakness. He believed that those who fit the model were mainly preoccupied with an anticipation

of reward, whether in this lifetime or in the hereafter. He referred in particular to the wandering dervishes (*qalandars*) whose renunciatory antinomianism commended practices like poverty, mendicancy, itinerancy, celibacy, self-mortification and other forms of social deviance. Shaykh al-Suhrawardī draws a distinction between galandars and true practising Sufis, with the former 'only concerned with the tranquillity of their hearts to the point of destroying customs and throwing off the bonds of social intercourse.'31 The distinction implies al-Suhrawardi's annovance with the way *galandars* neglected Sharī'a and showed scant respect for Islamic ethics, the Sunna of the Prophet, and with their general attitudes toward living on earth. For al-Suhrawardī, a true Sufi did not differentiate between poverty and wealth and was concerned with neither fear nor the need for recompense (AM, 356-59). Shaykh al-Suhrawardī and a host of other Shavkhs and scholars considered misguided those who believed that ascetic practices absolved them from the obligation or need to obey Sharī'a and worldly reality (haqīaāt) which were interdependent. For the Shaykh, Sufis who spoke of submerging themselves in the ocean of Divine Unity were misdirected; precedence should be first given to fulfilling the divine as laid out by the Prophet and the Qur'an.

#### CONCLUSION

Shaykh al-Suhrawardī's treatise 'Awārif al-Ma'ārif uses the Prophet's hadīths in almost every topic in order to bring the teaching to life. He is concerned to have his readers think about the Prophet in many ways; in particular to esteem and love him as more than a historical figure belonging to a place and epoch centuries past. Instead, the hadīths in the 'Awārif al-Ma'ārif are carefully selected to highlight his eternal spiritual existence in every moment. The spiritual training of Sufis in the Suhrawardiyya tarīqa consisted of thinking, acting, and experiencing the closeness of the Prophet in a different way from that of the scholars of the law or philosophers.

In sum, the <code>hadīths</code> used by al-Suhrawardī in relation to a variety of topics in <code>taṣawwuf</code>—social justice, spirituality, the use of reason, prayers, <code>ādāb</code>, seeking knowledge—essentially illustrate a type of Sufi celebration of the Prophet. His treatise is a good example of how Sufi discipline included memorization of <code>hadīths</code> in order to

<sup>&</sup>lt;sup>30</sup> See Ahmed Karamustafa, God's Unruly Friends (Salt Lake City: University of Utah Press, 1994), 13–24.
<sup>31</sup> Ibid. 34.

internalize and incorporate them into the disciples' spiritual journey. In 'Awārif al-Ma'ārif in particular, the use of hadīths points to a higher level of reverence for the Prophet that aims at spiritual encounter with him; but it goes beyond imitation to embodying his spiritual achievements. The hadīths are a primary tool for al-Suhrawardī's disciples to remember, re-enact, reconnect with, and relive the spiritual life of the Prophet.